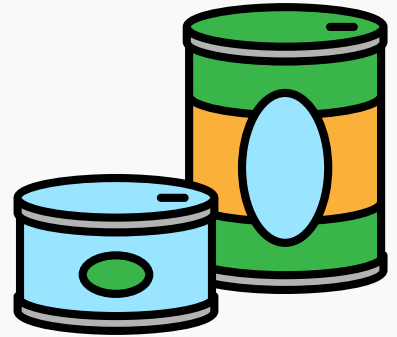


# Local Food Resources

Information  
about local food  
pantries, meal  
sites, and more!



# About NBCPHA



The Northern Bristol County Public Health Alliance creates sustainable, long-term public health solutions that balance immediate needs with future health goals by strengthening municipalities and aligning priorities to promote a healthier, more informed society



## **Municipalities Served:**

Attleboro, Berkley,  
Dighton, North  
Attleborough,  
Rehoboth & Taunton

# 26% of Northern Bristol County experiences Low Food Access

Source: USDA - Food Access Research Atlas

Low food access is defined as living more than 1 mile (urban) or 10 miles (rural) from the nearest supermarket, supercenter, or large grocery store. This indicator is relevant because it highlights populations and geographies facing food insecurity.



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# FOOD PANTRIES



## Attleboro:

- Hebron Food Pantry
  - Bi-weekly grocery collection by appointment
  - 40 Emory Street, Attleboro, MA 02703
  - 774-331-2120
- Murray Church Food Pantry
  - Monday and Thursday 9:30-11:30am
  - 505 N Main St, Attleboro, MA 02703
- Second Congregational Church Food Pantry
  - Last Monday of the month 3-5pm
  - 50 Park St, Attleboro, MA 02703

## Berkley:

- Open Shelves Food Pantry
  - Non-perishable items on an as-needed basis
  - 96 Myricks St, Berkley. MA 02779
  - 508-823-3273

## North Attleborough:

- Lenore's Pantry
  - Can receive food once a month, by appointment only
  - Hours: Monday 3-4:45pm, Tuesday 9-10:45am
  - 43 S Washington St, North Attleborough, MA 02760

# FOOD PANTRIES



## Rehoboth:

- Rehoboth Food Pantry
  - Confidential food and fuel assistance
  - 51 Winthrop St, Rehoboth, MA 02769
  - 508-493-1922

## Taunton:

- Matthew Mission Food Pantry
  - Food Pantry every 2<sup>nd</sup> Saturday 8:30-10:30am
  - 76 Church Green, Taunton, MA 02780
- St. Vincent de Paul / Taunton Food Pantry
  - Pantry Hours: Monday, Tuesday, Thursday, Friday 8am - 5pm; Wednesday 4:30pm - 6pm
  - 141 Washington St, Taunton, MA 02780
  - 508-823-6676
- Citizens for Citizens, Inc.
  - Can receive food once every 30 days
  - Normal Pantry Hours: Monday, Wednesday, and Friday 8:30am-12pm
  - Night Pantry Hours: 1<sup>st</sup> Thursday of the month 5-7pm
  - 1 Taunton Green, Taunton, MA 02780

# Meal Locations

## Sites with the opportunity for free or reduced cost meals

### Northern Bristol County:

- Bristol Elder Services “Meals on Wheels”
  - Reduced cost meals delivered to people aged 60+ who cannot cook nutritionally balanced meals for themselves
  - Call 774-627-1390 to apply

### Attleboro

- Attleboro Norton Area YMCA
  - Free meals for seniors on Tuesday and Wednesday evenings
  - Delivery available for Attleboro residents
  - 63 N Main St, Attleboro, MA 02703
  - 508-222-7422
- La Salette Shrine Cafeteria
  - Free meals served on Mondays at 4pm
  - 947 Park St, Attleboro, MA 02703
  - 508-222-2933
- Good News Bible Chapel
  - Free meals served Tuesdays at 4:30pm
  - 235 West St., Attleboro, MA 02703
  - 508-226-2916

# Meal Locations

## Sites with the opportunity for free or reduced cost meals

### Attleboro (continued)

- First Baptist Church
  - Free meals served Wednesday at 4pm and Thursdays at 4:30pm
  - 75 Park St., N. Attleboro, MA 02703
  - 508-222-2933
- Centenary United Methodist Church
  - Free lunch on Saturdays at 11am
  - 15 Sanford St., Attleboro, MA 02703
  - 508-222-2933

### Taunton

- Our Daily Bread Food & Resource Center
  - Hot meals served Monday-Friday 11am-1pm
  - 111 High St, Taunton, MA 02780
- Taunton Area Community Table (TACT)
  - Free meals served Monday-Thursday 11:15am-12:30pm
  - To-go meals available 12:15-12:30pm
  - 378 Bay St, Taunton, MA 02780



# Food Assistance Programs

## **Department of Transitional Assistance (DTA):**

- DTA assists and empowers low-income individuals and families to meet their basic needs, improve their quality of life, and achieve long-term economic self-sufficiency through economic assistance, food assistance, and workforce training opportunities.
- Visit [www.DTAConnect.com](http://www.DTAConnect.com) or call the DTA Assistance Line at: 877-382-2363. Assistance is available in over 100 languages.

## **Supplemental Nutrition Assistance Program (SNAP):**

- SNAP provides food benefits to low-income families to purchase food at a grocery store or other eligible locations.
- To apply for SNAP or check your eligibility, call 877-382-2363 and press 7. Interpreters are available in over 100 languages. You can also apply online at [www.DTAConnect.com](http://www.DTAConnect.com) or visit your local DTA office to apply in person.
- Use SNAP to Shop Online and at Local Farmer's Markets
  - You can now use SNAP benefits to shop online at many locations using online services or grocery delivery services.
  - For more information, visit [www.mass.gov/SNAP](http://www.mass.gov/SNAP). You can also use SNAP benefits to shop at farmer's markets and farm stands through the MA Health Incentive Program (HIP). For more information, visit [www.mass.gov/HIP](http://www.mass.gov/HIP)

## **Women, Infants, and Children Nutrition Program (WIC):**

- WIC is a nutrition program that provides healthy foods, nutrition education, breastfeeding support, and referrals to healthcare and other services, free of charge, to Massachusetts families who qualify.
- You can participate in WIC if you live in Massachusetts, have a nutritional need (WIC staff can help you determine this), are pregnant, breastfeeding, or have a child under 5 years old, and have a family income less than WIC guidelines.
- To check your eligibility and apply, call 508-796-7000 or visit [www.mass.gov/WIC](http://www.mass.gov/WIC).

# Food Assistance Programs

## Mass 211

- Call 2-1-1 for essential community resources, including food resources.
- Mass 211 is an easy-to-remember telephone number that connects callers to information about critical health and human services available in their community, 24 hours a day, 7 days a week.
- It serves as a resource for finding government benefits and services, nonprofit organizations, support groups, volunteer opportunities, donation programs, and other local resources.
- Mass 211 is an easy way to find help in your community.

## Project Bread Hotline

- Call Project Bread's FoodSource Hotline at 1-800-645-8333 for food assistance resources in MA.
- The hotline is toll-free and confidential, available: Monday-Friday: 8am-7pm. Saturday: 10am-2pm, in 180 languages.
- Project Bread counselors can assist callers with SNAP including information about the program, eligibility screening, and over the-phone application assistance, as well as finding free meals for kids and school meal sites, summer meal sites, local food pantries and meal programs, and more.



# Contact Information

For further information or assistance,  
contact your local health department.

## Attleboro Health Department:

508-223-2222 ext. 3241

## Berkley Board of Health:

(508) 822-7828

## Dighton Health Department:

508-821-8977

## North Attleborough Health Department:

508-699-0100 ext. 2560

## Rehoboth Public Health Nurse:

508-252-5947 ext. 3127

## Taunton Health Department:

508-821-1400

